

# Having a problem with your hearing?

## You may be able to self-refer to NHS audiology (hearing) services

If you live in Staffordshire and Stoke-on-Trent, we're making it easier for you to access NHS hearing services without having to see your GP first.

### Always visit your GP first if:

- You have sudden or rapid hearing loss, persistent pain, vertigo (feeling like you or the environment around you is moving or spinning) or tinnitus in one or both ears.
- You are concerned about your child's hearing.

If you are not eligible to self-refer, or cannot access the self-referral form, you can still visit your GP to get referred.

To check if you are eligible to self-refer, and for more information, visit:

[staffsstoikeics.org.uk/  
audiology-self-referral](https://staffsstoikeics.org.uk/audiology-self-referral)

