

















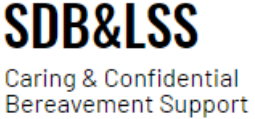


Sources of Support for Grief, Loss and Bereavement – January 2023

	<p>A Child of Mine (Supporting Bereaved Parents) https://achildofmine.org.uk/ 01785 283434 hello@achildofmine.org.uk</p>
	<p>At a Loss the UK's signposting and information website for bereaved people https://www.ataloss.org/ St Giles Hospice Bereavement Help Point AtaLoss.org</p>
	<p>Bereavement Services Association (BSA) https://bsauk.org/ 07766 137 210</p>
	<p>Beth Johnson Foundation – Bereavement Friendship https://www.bjf.org.uk/bereavement-friendship Call Amanda Carter 07867 003313</p>
	<p>Cruse Bereavement Support https://www.cruse.org.uk/get-support/ 0808 808 1677 Check their website for local services using your Postcode https://www.cruse.org.uk/get-support/local-services/</p>
	<p>Dove Service – Bereavement Counselling and Support https://thedoveservice.org.uk/ If you fall within the catchment area (check website, mainly Staffordshire based) call 01782 683155 or use the online form to contact them</p>

If you find any errors, omissions or broken links in this information please let us know at enquiries@healthwatchstaffordshire.co.uk, so we can put it right

	<p>The Good Grief Trust (Help and Hope in One Place) https://www.thegoodgrieftrust.org/ hello@thegoodgrieftrust.org</p>
	<p>Macmillan Cancer Support - Coping with Bereavement https://www.macmillan.org.uk/cancer-information-and-support/supporting-someone/coping-with-bereavement 0808 808 00 00 or visit website or email form, online chat or online community</p>
	<p>North Staffs Mind for Better Mental Health https://nsmind.org.uk/about-us/ 01782 262100 reception@nsmind.org.uk</p>
	<p>Advice on Bereavement from North Staffordshire Combined Healthcare NHS Trust https://www.combined.nhs.uk/how-to-access-us-in-a-crisis/coping-with-bereavement/</p>
	<p>Places of Welcome not specifically for grief but "a network of safe places where people can connect, belong and contribute" Find a local group here: https://www.placesofwelcome.org.uk/locations National contacts :03300 531940 info@placesofwelcome.org.uk</p>
	<p>RoadPeace - The National Charity for Road Crash Victims https://www.roadpeace.org/ 0800 160 1069 helpline@roadpeace.org</p>
	<p>Sands - Saving babies' lives. Supporting bereaved families. https://www.sands.org.uk/ 0808 164 3332 helpline@sands.org.uk Online Community via website</p>

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	<p>Samaritans Every life lost to suicide is a tragedy Here to listen https://www.samaritans.org/ 116 123 jo@samaritans.org Local branches in Stafford, Stoke on Trent, Leek and Tamworth, Online chat on the website</p>
	<p>SSAFA, the Armed Forces charity National Helpline 0800 260 6767 https://www.ssafa.org.uk/ Live Chat available Staffordshire branch 0204 566 9116 https://www.ssafa.org.uk/staffordshire</p>
	<p>St Giles Hospice - Bereavement Support Services https://www.stgileshospice.com/how-we-can-help-you/our-care/bereavement-support-services/ 01542 434536 sct@stgileshospice.com Cannock Library run a Bereavement Help Point This was previously advertised on Mondays 10.30-12.30 – Please call the library on 01543 334525 to check this is up to date.</p>
	<p>Stafford & District Bereavement & Loss Support Service (SDBLSS) is a Stafford based registered charity https://www.staffordbereavementsupport.org.uk/about 07828 263554 sdblss@hotmail.co.uk</p>
	<p>Staffordshire County Council – Bereavement Support https://www.staffordshire.gov.uk/Births-deaths-and-marriages/Death-and-bereavement/Help-and-Support-with-Bereavement.aspx</p>
	<p>Sue Ryder – Supporting Yourself Through Grief https://www.sueryder.org/how-we-can-help/bereavement-information/support-for-yourself?gclid=EAlalQobChMIsPvvnPeH_AIVB-rtCh2dggFYEAAYBCAAEgLplfD_BwE 0808 164 4572 supportercare@sueryder.org</p>

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	<p>WAY Widowed and Young - Bereavement support https://www.widowedandyoung.org.uk/bereavement-support/?gclid=EAlalQobChMIsPvvnPeH_AIVB-rfCh2dqgFYEAAYAyAAEgJNqvD_BwE 0300 201 0051</p>
	<p>Windmills (Turning Grief Around) Acute Bereavement Support for Children & Young People in Staffordshire http://www.windmillscharity.org/ 01782 438439 windmills2019@gmail.com</p>
	<p>Winston's Wish - Death through serious illness - Dealing with terminal illness https://www.winstonswish.org/serious-illness/?gclid=EAlalQobChMIpaLD5PeH_AIVIK3tCh02GA6XEAAAYBCAAEgLu5PD_BwE 08088 020 021 ask@winstonswish.org Live Chat and texting options on website</p>
	<p>Your Emotional Support Services https://yess.uk/ 01889 567 756</p>

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