

## NHS 111

NHS 111 can help if you think you need medical help right now.

You can get help from NHS 111:

- by using [111 online](#)
- in the [NHS App](#)
- by calling 111

They can direct you to the best place to get help if you cannot contact your GP during the day, or when your GP is closed (out-of-hours).

## Alternative access to NHS 111

If you have difficulties communicating or hearing, you can:

- Call 18001 111 using the [Relay UK app](#) on your smartphone, tablet or computer, or via a traditional textphone; or
- Use the NHS 111 [British Sign Language \(BSL\) interpreter service](#) if you're deaf and want to use the phone service.
- View the video link to help people with a learning disability, autism or both, to use the NHS 111 service.

<https://horizonhealthcare.nhs.uk/practice-information/easy-read-news/nhs-111-an-inclusive-service/>

Other resources are also available on the NHS 111 service including:

- a [large print guide to NHS 111](#)
- an [easy read guide to NHS 111](#)
- an [audio guide to NHS 111](#)

[Click here for further information about using NHS 111.](#)