Patient and Carer Race Equality Framework
Lived Experience Advisory Group Information Leaflet

What is the Patient and Carer Race Equality Framework?
The Patient and Carer Race Equality Framework (PCREF) is a national plan to improve mental health services offered by the NHS to people from racialised and ethnically diverse communities. PCREF is a key recommendation from the national Mental Health Act Review to eliminate the unacceptable racial inequalities in access, experience and outcomes faced by racialised and ethnically and culturally diverse communities and to significantly improve trust and confidence in mental health services

What is the purpose of PCREF?
NHS England's mandatory framework will support trusts and providers on their journeys to becoming anti-racist organisations by ensuring they are responsible for co-producing and implementing concrete actions to reduce racial inequalities within services.

What is the purpose of the Lived Experience Advisory Group?
We are forming our PCREF Lived Experience Advisory Group (LEAG) to ensure that people with lived experience are informing our approach to implementing and evaluating PCREF. Our LEAG will be a diverse, supportive and inclusive forum for people who have lived experience and who are passionate about supporting us to become an anti-racist organisation. Our aim is to ensure diverse and minoritised communities are co-producing and implementing PCREF into standard practice, focusing on equity of access, experience, and outcomes.

Meetings of the LEAG will be a mixture of on-line (via Microsoft Teams), face-to-face and sometimes both, depending on the needs of the members. This schedule will be co-produced during the first meetings of the group.

Who are we looking for?
A diverse group of people with lived experience (as a patient/service user, unpaid carer/family/friend or as a community member) from a racialised, ethnically and culturally diverse community.

What will I be expected to do?
- Advise us on how best to involve people with lived experience and communities throughout our journey of implementing PCREF, helping us to tackle any barriers to engagement with our diverse communities.
- Help to shape our approach to PCREF, influencing our work by advising us on the key issues that need to be addressed to implement the framework from your lived experience of using services or being part of your community.
- We are also looking for a member of the group to co-chair future LEAG meetings and for a co-facilitator for future workshops – this is not essential and it is equally as important for you to be involved as a member of the group

Will I get support?
Yes, this is about (re-) building trust, relationships and the way we communicate with each other, working on an equal footing. We want to create a safe and inclusive environment so that we are able to foster a culture of respect, confidentiality and non-judgment. Support and training will be provided. Communication needs will be supported and reasonable adjustments made. There are opportunities to be involved in your preferred method based on your individual needs

What will happen if I decide to take part?
You will be invited to join LEAG. At our meetings, we intend to:

- Co-produce the name of the group and the aims and purpose.
- Identify other people who need to be part of the group – 'who is missing?'
- Co-produce how we want to engage with each other as a group
- Define roles and responsibilities
- Schedule regular meetings and co-produce agendas
- Identify if anyone is interested in becoming a co-chair
- Listen and act on feedback to demonstrate that group members' input is valued
- Keep group members informed about how your input has influenced outcomes
- Prioritize the needs and perspectives of underrepresented groups
- Co-produce a communications plan

Who can I contact if I would like more information?

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Thank you for your interest in PCREF and the Lived Experience Advisory Group. Please do not hesitate to contact us if you would like to have a chat about this.